



## HEALTH REPORT

**Subject:** AUCKLAND METRO REGION DHBS QUARTERLY REPORT FOR JANUARY TO MARCH 2005 ON PROGRESS WITH MENTAL HEALTH SERVICES

**Date:** 26 July 2005 **File Ref:** PP50-05-26-18

**Attention:** Hon Annette King (Minister of Health)

**Copy to:**

### PURPOSE OF HEALTH REPORT

The purpose of this report is to inform you of progress on the development of mental health services in the Auckland metropolitan region as reported by the Auckland Regional Director of Mental Health Services for the first quarter of 2005 (January to March 2005).

### TIMING IMPLICATIONS

Priority:	Routine	Semi-Urgent (5 Days)	Urgent (3 Days)	24 Hour
	<input checked="" type="checkbox"/>			

### EXECUTIVE SUMMARY

1. This report notes the progress of Auckland metropolitan District Health Boards on the funding and delivery of mental health services as reported by the Auckland Regional Director (the Regional Director), Mental Health Services for the quarter from January 2005 to March 2005. The Regional Director's report for those months is attached to the report as Appendix 1.
2. Ministry officials have met with the Regional Director and the funding and planning managers of the three DHBs affected (Waitemata, Auckland and Counties Manukau) and agreed changes to the report so that more emphasis is placed on meaningful analysis and interpretation of the tables and information.

## FINANCIAL IMPLICATIONS

This report comments on progress in relation to DHB funding appropriations associated with Mental Health in 2004/05.

## RECOMMENDATIONS

The recommendations are that you:

- (a) **note** the continued development of mental health services in the Auckland metropolitan region for January to March 2005 quarter Yes/No
- (b) **note** the continuation of quality improvement initiatives in the region Yes/No
- (c) **note** that this health report, including the appendix, will be published on the Ministry website after you receive this report. Yes/No
- (d) **note** that the June report will focus on the analysis and interpretation of progress with mental health services and funding. Yes/No

Janice Wilson (Dr)  
**Deputy Director-General**  
**Mental Health Directorate**

**MINISTER'S SIGNATURE:**

**DATE:**

## REPORT

### BACKGROUND INFORMATION

1. Attached is the next report for January to March 2005 quarter from the Auckland Regional Director on progress with the development of mental health services by the Auckland metropolitan region DHBs (Waitemata, Auckland and Counties Manukau) to be sent to you (Last Health Report 20047151).
2. You requested these report to keep you informed about progress that the Auckland metropolitan region DHBs are making to implement the recommendations of the 2002 *Review of the Continuum of Care of Mental Health Services Funded by the District Health Boards in the Auckland Region* by the Mental Health Commission.
3. The Auckland Regional Director, Mr Derek Wright, prepared his report based on the information provided to him by the Auckland metropolitan region DHBs. The Ministry is providing a health report to accompany the Auckland Regional Director's report.
4. The remainder of this report provides the Ministry's comment on the Auckland Regional Director's quarterly report. This includes comment by Dr David Chaplow, Director of Mental Health who visited the region in December 2004 and April 2005 and Platform, an NGO sector representative.

### COMMENT

5. Ministry officials have met with Derek Wright and the funding and planning managers of the three affected DHBs and agreed changes to the next report so that more emphasis is placed on meaningful analysis and interpretation of the tables and information.

#### *Funding*

6. Discussions between the Regional Director and Ministry officials highlighted the need to clarify the methodology used by the Ministry to determine 2005/06 Mental Health Blueprint funding allocation. This resulted in the Ministry sending a letter to DHB CEO's in March 2005 covering the rationale for the additional Mental Health Blueprint funding and that thee expectations of that funding included Future Funding Track (FFT) at the full rate and a proportion of the nurses settlement and holiday pay funding. The Ministry's DAP endorsement is conditional on agreeing the ringfence funding levels for 2005/06.
7. The Regional Director was leading the Mental Health IDF process for the next funding round with its first meeting on 9 March 2005. This project was agreed on the basis of the difficulties identified with the IDF transfers between the DHBs. The Ministry has not been involved in the project or seen the results at this stage and this is internal to the region.

8. The Northern region Mental Health cost price benchmarking for provider arm inpatient services was completed in this quarter. The report was presented to the Northern Region general managers of Funding and CEOs. This project is intended to continue with the process being rolled out for provider arm community services.
9. One of the challenges that will be addressed in the next report is that the financial reports should provide a more accurate picture of year end forecasts. The region has continued to carry a considerable underspend that is not reflected in the financial reports. The information in the financial reports including the underspend will be analysed and explanatory information supporting the tables will be included in the next report. This will give a more in-depth understanding of the progress in mental health funding and service delivery reported.

#### *Service Reviews and Issues*

10. The regional review of Addiction services was completed in this quarter. A summary of the review findings was to be circulated to the sector for their information. The Regional mental health funding team would discuss funding implications for the identified priorities and consider the potential impact on service delivery. The Salvation Army's announced closure of their Rotoroa Island treatment programme (in the next 12 months) will be taken into account when addressing the findings of the review.
11. The Regional Director has discussed concerns and continued follow up about the planned increase in prison capacity in the northern region and what impact that will have on forensic service provision with the Ministry.
12. Overall, there has been a high service demand for acute inpatient services and intensive support care options in the region. A closer monitoring and more detail of how the region intends to address the levels should be included in future reports.

#### *Service expansion*

13. The table outlining the new services expansion for the January to March quarter included packages of care for locally based community services across all DHBs and regional community eating disorder services. However, a new commitment for intensive support services for people who have a serious mental health disorder by Waitemata DHB totalling \$649,000 is not progressing in the timeframes expected as the Housing NZ property sign offs have not occurred. Active follow up by the DHB is underway so that this funding can be committed to meet service need.
14. Personal Solutions provider of community living services (CLS) has been funded by Counties Manukau DHB to provide services to 140 people. Mobile community support services are being developed by Counties Manukau DHB. Electronic reporting for NGOs involved in CLS services will be piloted.

#### *Regional and local highlights*

15. The Network North Coalition held a planning day in this quarter to map its regional projects for the 2005/06 financial year. As part of this year's regional projects an Asian Mental Health Strategy development has been commissioned to enable service development to meet the mental health needs of Asian migrants and refugees. Waitemata DHB is leading this work and a one off initiative to develop training packages for interpreters.
16. A range of local DHB highlights are covered in the last two pages of the report and includes Counties Manukau DHBs progress with child and youth mental health services that showed significant expansion of activity for the January to March 2005 quarter.

*Comment by Director of Mental Health*

17. Dr David Chaplow, Director of Mental Health visits the Auckland region usually two monthly. His visits include meeting with the Region's Directors and Managers of Mental Health and provider visits. During his December 2004 visit Dr Chaplow met with the Walsh Trust. He noted that the Trust had renewed vision by developing their service capability and covering a comprehensive range of services through four streams: housing and recovery, community services, supported employment and training. At Dr Chaplow's meeting in April 2005 with Directors and Managers of Mental Health, the practical effects of competition and unequal salary packages offered by the DHBs to psychiatrists (and possibly other specialists) in the region was of concern. The Regional Director was asked to follow up with the DHBs.
18. During his mid April visit, Dr Chaplow gave feedback on the Second National Mental Health Plan and the eating disorders discussion document, the under-spend in the Auckland region and Auckland region's response to the burgeoning prison population and forensic intellectual disability. The issue of Depot Resperidol not being on the pharmaceutical subsidy schedule was discussed and in response PHARMAC has recently developed a discussion document for consultation on the issue.

*NGO comment*

19. Given the lateness of this health report in relation to the quarter reported ie January to March 2005, Platform, an NGO sector representative who usually comments on the Auckland region's progress with mental health services and funding, there is not specific comment from Platform. However, Platform has signalled that significant development has occurred with the NGO providers in the region from April 2005 onwards and comment on these developments will be included in the next quarter report.
20. As required, this health report and the attached Auckland report will be published on the Ministry website after you have signed the health report.

**IMPLICATIONS FOR REDUCING INEQUALITIES**

21. There are no direct implications for reducing inequalities resulting from this report. Reporting on access rates by DHBs will assist with monitoring inequalities.

**Contact for telephone discussion (if required)**

Name	Position	Telephone		Suggested First Contact
		Direct Line	After Hours	
Nemu Lallu	Project Manager, Mental Health Directorate	(04) 496 2118	021 2242 391	1st
Arawhetu Peretini	Acting Manager, Policy and Service Development, Mental Health Directorate	(04) 496 2060	025 904 852	2nd