



HEALTH REPORT

Subject: AUCKLAND METROPOLITAN REGION DHBS QUARTERLY REPORT FOR APRIL TO JUNE 2005 ON PROGRESS WITH MENTAL HEALTH

Date: 20 SEPTEMBER 2005 **File Ref:** PP50-05-26-18

Attention: Hon Annette King (Minister of Health)

Copy to:

PURPOSE OF HEALTH REPORT

The purpose of this report is to inform you of progress on the development of mental health services in the Auckland metropolitan region as reported by the Auckland Regional Director of Mental Health Services for the last quarter of the 2004/05 financial year (April to June 2005).

TIMING IMPLICATIONS

Priority:	Routine	Semi-Urgent (5 Days)	Urgent (3 Days)	24 Hour
	<input checked="" type="checkbox"/>			

EXECUTIVE SUMMARY

Auckland metropolitan District Health Boards (DHBs) are required to report on progress with funding and delivery of mental health services follow the Mental Health Commission's review in 2003. This Health Report notes the progress of Auckland metropolitan District Health Boards on the funding and delivery of mental health services as reported by the Auckland Regional Director (the Regional Director), Mental Health Services for the last quarter of the 2004/05 financial year from April to June 2005. The Regional Director's report ("the report") for those months is attached to the Health Report as Appendix 1.

This Health Report follows a meeting between Ministry officials, the Regional Director and Funding and Planning Managers of the three DHBs affected (Waitemata, Counties Manukau and Auckland).

For the first time, the April to June 2005 report includes written comments by way of information, analysis and interpretation of the tables so that progress, or otherwise, during the quarter is explained by the DHBs.

Given that this is the first time that the report includes this analysis, as we move forward further fine tuning such as trend information will give more meaning to the report and will continue to focus DHBs attention to variances against the District Annual Plans (DAPs).

FINANCIAL IMPLICATIONS

This report comments on progress in relation to DHB funding appropriations associated with Mental Health in 2004/05 as agreed through the District Annual Plan (DAP) process.

RECOMMENDATIONS

The recommendations are that you:

- | | |
|-----------------|--------|
| (a) note | Yes/No |
| (b) note | Yes/No |
| (c) note | Yes/No |

Arawhetu Peretini
Acting Deputy Director-General
Mental Health Directorate

MINISTER'S SIGNATURE:

DATE:

REPORT

BACKGROUND INFORMATION

1. Attached is the fourth quarter report for 2004/05 for April to June 2005 from the Auckland Regional Director, Mr Derek Wright, on progress with the development of mental health services by the Auckland metropolitan region DHBs (Waitemata, Auckland and Counties Manukau) (last Health Report 20058797).
2. These reports were requested to keep the Minister informed about progress that the Auckland metropolitan region DHBs are making to implement the recommendations of the 2002 *Review of the Continuum of Care of Mental Health Services Funded by the District Health Boards in the Auckland Region* by the Mental Health Commission.
3. Derek Wright prepared his report based on the information provided to him by the Auckland metropolitan region DHBs. The Ministry is providing this Health Report to accompany the Auckland Regional Director's report. The Health Report includes comment by Dr David Chaplow, Director of Mental Health, who visited the region on 9 September 2005. Dr Chaplow usually visits the region every two months to independently report on progress and meet with clinical directors of mental health services.

COMMENT

4. Ministry officials previously met with Derek Wright and the Funding and Planning Managers of the three affected DHBs and agreed that the Regional Director's report should include changes so that more emphasis can be placed on meaningful analysis and interpretation of the tables and information. It is pleasing to note that the current report goes some way toward including helpful information that explains the tables. Additional information, such as trend tables will be considered for inclusion in the next report. Progress on the 2005/06 new Blueprint funding initiatives will also be included in future reports.
5. In relation to the Hanmer funding devolved to DHBs, the Ministry is disappointed that progress across the country to use the funding for provision of alcohol and other drug services has not progressed as quickly as expected. This also applies to the Auckland metropolitan region as it has taken longer than expected to agree on the allocation of the devolved funding to specific DHBs. However, the Regional Director's report includes comment that agreement has now been reached on this allocation so progress should now be expected to be made to use the funding to provide alcohol and other drug services in the region. The next report will include further information on use of the funding.

Service Access

6. All three DHBs have provided an analysis and interpretation of the service access levels for the quarter to 30 June 2005. It is pleasing to see this level of

detailed information provided by the DHBs as the service access levels table is now more meaningful. The next Regional Director's report will include trend graphs so that progress can be tracked more easily and a more comprehensive explanation of these trends can be provided. The report notes that access in all three DHBs is increasing and in all cases access rates for the child and youth population is increasing.

Funding

7. In part three of the report "Delivery Against Plan" and specifically the financial report for Funder Arm mental health services, DHBs have provided a detailed explanation of the total underspend. It is helpful to have the information to support the tables, e.g. Auckland DHB has given reasons for the underspend situation and provided an appended list of one off underspend initiatives that will be funded this year. One of the challenges this poses for Auckland DHB is the pressure it will place on the DHB as a funder and its capacity to complete contracts and commit the funding in the relatively short timeframe available to 30 June 2006.
8. Under part four "Services Funded" it is pleasing to note that the planned use of any underspend has been included in the tables. This gives an explanation of what steps the DHBs have taken to manage any underspend.

Service development

9. Service development initiatives have been reported by all DHBs. One off initiatives in Auckland DHB include tools or systems development to support the funder role, such as a risk assessment and safety planning tool, website development and information systems development. Auckland DHB is also funding a range of workforce development, recruitment, retention and training programmes to support new and existing staff.
10. Counties Manukau DHB has highlighted a number of service development initiatives such as Webhealth where over one thousand health and social service providers within the DHBs district are now registered on the service directory. Kiosks with touch screens are located in public sites with the aim of improving access to the service directory. Other service development initiatives include the depression initiative with 3 PHOs, a parenting pilot, and Wellness Recovery Action Planning training to assist consumers to develop a comprehensive personalised understanding of the tools available to them to maintain mental wellbeing.
11. Waitemata DHB's service development programme included a joint planning day between NGOs, and provider and funder arms of the DHB where a number of joint projects have been agreed to better align future service provision. A new clinical information system has been implemented and building work is underway with regional forensic services for a new 10 bed unit and 12 bed intellectual disability unit at Mason Clinic. Registered nurse recruitments have been very successful with 27 overseas nurses being offered positions in the regional forensic services. A regional review of Maori alcohol and other drug services is underway so as to better align services to the Maori population

demographic across metropolitan Auckland. Pacific services have been successful in their bid to provide problem gambling services.

12. Auckland and Counties Manukau DHBs have reported on progress to reconfigure Level one and two residential rehabilitation (supported accommodation) services as part of their service planning.
13. Future reports from the Regional Director will focus on what steps the region will be taking to manage and commit the new Blueprint funding increase.

Service issues and risks

14. The impact of additional prison facilities on mental health services remains an issue for the region and it will be important to continue dialogue between Department of Corrections, Ministry of Health and the Regional Director to reach a satisfactory solution.
15. The Regional Director continues to closely assist DHBs to monitor their underspend and develop strategies to mitigate the associated risks. This includes liaising with DHBs to establish their mental health ringfence positions for 2005/06.

Regional development

16. The draft Northern Regional Mental Health Workforce Development Implementation Plan has been completed. The Ministry will be interested to ensure that it aligns with the draft National Mental Health and Addiction Workforce Development Plan 2006-2009 consultation document.
17. The Regional Director's report notes that the Northern Regional Pacific Mental Health and Addictions Implementation Plan 2003-2005 has been completed and a range of priorities/areas of development are included in the 2005 calendar year's work plan. The priorities include improving access, developing partnership, developing research and information, quality improvement and developing the workforce to respond to the mental health needs of Pacific peoples.
18. Another important interface with specialist mental health services is housing. A comprehensive list of work streams are being progressed in the region with key strategies and timelines set out to achieve them.
19. The Network North Coalition (Auckland regional stakeholders group) has completed its work plan and identified priority work streams and projects to progress.

Comment by Director of Mental Health

20. The Director of Mental Health, Dr David Chaplow visited the Auckland region on 9 September 2005. The visit included two provider visits.
21. The first visit was to Woodford Cottage in the Waitakere locality, a Waitemata DHB service providing specialist mental health services. The visit included a

- comprehensive presentation by Helen Wood, District Mental Health Services Manager and her leadership team. It covered a range of new and enhanced service developments that have improved the overall capability and provision of mental health services across Waitemata DHB. An impressive list of service improvements to existing services was also presented. Overall, the provision of service was moving along a continuum of improvement with some innovative ways of working collaboratively to provide better services.
22. The second visit was to Mind Matters Charitable Trust, an innovative and developing NGO mental health provider who is trialing focused interventions through a new 4 bed residential and 1 day placement for a mental health service managing early psychosis in Titirangi, West Auckland. The team at Mind Matters develops a focus with each person and their family/whanau. A plan and programme is negotiated collaboratively that will guide interventions. Individualised programmes develop the person's personal and practical skills thus assisting them in their day to day living in the community.
23. A meeting with DHB General Managers and Clinical Directors of provider arm mental health services was also held and a range of issues discussed including concern about inter-district flows (IDFs). One of the solutions being considered to overcome the problems is to work collaboratively on regional planning so that individual DHBs are less affected. David Chaplow also covered *Te Tahuu Improving Mental Health 2005-2015 The Second New Zealand Mental Health and Addiction Plan 2005* and the opportunity this Plan gives the mental health sector to contribute to the development of an Action Plan to respond to the leading challenges.
24. The key issues covered with the Regional Director were:
- continuing dialogue with Phobic Trust to support the Trust to provide services that fit the Region's strategic direction including working more closely with primary care
 - progress is being made to resolve the outstanding issues between the DHBs and Richmond Fellowship and a satisfactory outcome is expected
 - devolution of the Hanmer funding so that the funding can support additional services in the region
 - increased access to mental health services through better reporting and an overall improvement in access. The region still has a high need but generally at a lower level than was reported in the past
 - specific NGO providers such as Shakti who could be included in a future visit by the Director of Mental Health
 - the start date for the new regional forensic services that are being built, will be delayed as there are issues to be resolved over the resource consent.

Non Government Organisation (NGO) Comment

25. Following a dialogue between the Ministry, Platform (who usually comments on behalf of the NGO sector) and Derek Wright, the reporting framework will change. It has been agreed that in future the Regional Director will be responsible for providing NGO comment in the report and Mr Paul Ingles, Chief Executive of Pathways will now comment from the northern region NGO sector. These new arrangements should be in place for the next quarter report.

IMPLICATIONS FOR REDUCING INEQUALITIES

26. There are no direct implications for reducing inequalities resulting from this report. Reporting on access rates by DHBs continues to assist with monitoring inequalities.

Contact for telephone discussion (if required)

Name	Position	Telephone		Suggested First Contact
		Direct Line	After Hours	
Nemu Lallu	Project Manager, Mental Health Directorate	(04) 496 2118	021 2242 391	1st
Joan Mirkin	Manager, Policy and Service Development, Mental Health Directorate	(04) 496 2370	027 271 3217	2nd