

Trainees must be employed within mental health services and have a minimum of two full-time equivalent years post-registration experience in mental health nursing. They must be currently practising at a competent level and preferably have experience in both community and in-patient mental health areas.

Arrangements shall be made for clinical release from service to attend the formal teaching programme, supervision sessions, or for clinical experiences outside the trainee's usual employment setting.

2.1.2 Clinical Experience

Clinical experience shall focus on:

- ?? Application of advanced knowledge, skills and attitudes in nursing care for all areas of mental health service delivery.
- ?? Further development of expertise in the trainee's current field of practice.
- ?? Assessment, intervention and therapeutic practices which also involve multi-disciplinary interactions.
- ?? Crisis and non-crisis intervention skills at an advanced level in relation to the trainee's current field of specialty practice.
- ?? Experience in areas that utilise a range of interventions including the application of nursing models.
- ?? Clinical presentations that demonstrate sound clinical judgement and advanced communication/counselling skills.
- ?? Application of research findings to practice.
- ?? Contributing to improvements in service delivery.
- ?? Collaborative, interdependent and flexible practice.
- ?? Team leadership and mentorship.
- ?? Critical thinking and reflective practice.
- ?? Accountability for professional nursing practice at an advanced level.

2.1.3 Formal Teaching Programme

The formal teaching component of the programme will be designed to integrate with, and be relevant to, the trainee's clinical work environment. It will be delivered by appropriately skilled and experienced teaching staff. It needs to contribute to recognised standards of practice of mental health nursing, and fit with a recognised clinical/educational framework for registered nurses such as Nursing Council of New Zealand's *Framework for Post-Registration Nursing Education (1998)*. The

programme will include a balanced integration of relevant theory, research, and practice.

- ?? Shows collaborative expert practice within their clinical setting and in the inter-disciplinary environment.
- ?? Understands and responds to health policy as it relates to their practice.
- ?? Is able to work independently, demonstrating skill in use of resources to manage workload.

2.4.2 Client/Service Outcomes

Through advanced nursing practice, the trainee will take a clinical leadership role within the mental health service and contribute to improved client and/or service outcomes including:

- ?? Accessible, skilful nursing assessment, treatment, and co-ordination of client care needs including the anticipation and management of risk.
- ?? Culturally safe mental health nursing.
- ?? Increased flexibility and scope of nursing practice.
- ?? Clear articulation of the nursing perspective in the multi-disciplinary team.
- ?? Benefits from the application of research knowledge to mental health nursing practice.
- ?? Improved retention of psychiatric mental health nurses prepared at an advanced practice level.

3.0 ELIGIBILITY

3.1 TRAINEE ELIGIBILITY

This programme is available to RPNs or RCpNs who are concurrently in employment within the Ministry of Health funded mental health services and will have a minimum of two full time equivalent years post-registration experience in mental health nursing. Trainees must hold a current Annual Practising Certificate and normally be a New Zealand resident.

Trainees who do not meet the above criteria will be considered by the CTA on a case by case basis.

3.2 PROVIDER ELIGIBILITY

The programme is approved by the Nursing Council of New Zealand as meeting this specification and accredited by either NZQA or CUAP.

Providers of the clinical component are expected to comply with, or be working toward full compliance with, the National Mental Health Standards (Ministry of Health, June 1997).

4.0 LOCATION AND SETTING

The clinical component will be offered predominantly within the trainee's employment environment.

The theoretical component will be delivered predominantly in an academic setting.

5.0 ASSOCIATED LINKAGES

The provider will have established links with:

?? Nursing Council of New Zealand.

?? Other relevant mental health training programmes.

?? Current employers of nurses on the training programme.

?? Relevant professional organisations.

?? Relevant nursing advisory group of the education provider.

?? Patient Advocates for Code of Health and Disability Services, Consumer Rights and Privacy Issues.

6.0 PURCHASE UNIT AND REPORTING UNIT

6.1 PURCHASE UNIT

A trainee who has formally enrolled in the postgraduate certificate in advanced mental health nursing programme of learning and who is currently working in a Ministry of Health funded Mental Health service.

6.2 REPORTING UNIT

A trainee's progress in relation to the expected outcomes (see Section 2.4).

7.0 QUALITY STANDARDS: PROGRAMME SPECIFIC

*This should be read in conjunction with Part 5 of the CTA contract document which specifies **generic** quality requirement for all programmes provided under the contract.*

7.1 PRELIMINARY EVALUATION

On entry to the programme, trainees should report their level of nursing practice to be used as a base line to assess progress during and on completion of the course. This may include trainees demonstrating that they have met, in the mental health area, the Specification for Postgraduate Certificate in Advanced Mental Health Nursing

?? Performance against client and service outcomes (as detailed in 2.4.2 above).

8.0 REPORTING REQUIREMENTS: PROGRAMME SPECIFIC

8.1 REPORTS

*Reports as described in Part 4 of the CTA contract document specifies **generic** requirements for all programmes provided under the contract and will include the following:*

- ?? Tenure of trainees in mental health services at commencement of the programme.
- ?? Student achievement, and progress.
- ?? A summary of the progress of the programme with reference to the quality standards detailed in section 7.0 above.

8.2 FINAL REPORT

The final report will include the following information:

- ?? A brief description of the programme as delivered including a statement that indicates progress of the cohort group's development from the trainee's reported initial assessment (see section 7.1) through to achieving programme outcomes.
- ?? Numbers completing the qualification, and their employment setting.
- ?? An evaluation of the effectiveness of programme design and delivery with reference to quality standards in section 7.0 (including employer evaluation), and the client/service outcomes detailed in section 2.4.2.
- ?? Where attrition occurs, summarised comment on exit interview findings including the following:

Reason for leaving.

Subsequent employment:

- Mental Health nursing
- other nursing
- non-nursing

Feedback on the training programme.