

18 November 1975.

CLINICAL SERVICES LETTER NO. 155

TO MEDICAL AND DENTAL PRACTITIONERS

(Copy to Proprietors of Retail Pharmacies)

Dear Sir/Madam,

In Clinical Services Letter No. 153 the department advised that in future the Drug Tariff and its amendments would be sent only to those medical and dental practitioners who had requested copies from their local medical officer of health. It is therefore suggested that this Letter which summarises the changes contained in amendment No. 5 be kept for reference purposes.

DRUG TARIFF 1974, AMENDMENT NO. 5: EFFECTIVE 1 DECEMBER 1975

As amendments to the Drug Tariff are cumulative, amendments No. 3 and 4 should be destroyed.

1. To be available from a retail pharmacy:

Additions to the Tariff

Acetazolamide long-acting capsules (Diamox Sustets).
Aspirin long-acting tablets (Levius).
Ethinylloestradiol with lynoestrenol (Ovostat)—Approved condition.
Hydrocortisone butyrate (Locoid).
Magnesium-aluminium hydroxide suspension and tablets (Maalox).

Changed Availability

Bumetanide (Burinex).
Calcium lactate-gluconate (Calcium-Sandoz Forte, Calcium-Sandoz 1000).
Tropicamide eye drops (Mydriacyl).

2. To be available from a retail pharmacy on the prescription or recommendation of a specialist:

Isoniazid with rifampicin (Rifinah, Rimactazid).

Spironolactone tablets exceeding 25 mg strength (Aldactone tablets 100 mg).

3. To be available from a hospital pharmacy:

Quinidine bisulphate long-acting capsules (Quiditard).

4. To be available from a hospital pharmacy on the prescription or recommendation of a specialist:

Calcitonin injection (Calcitare).

Fusidic diethanolamine intravenous infusion (Fucidin).

5. The following have been deleted from the Drug Tariff:

Phentermine and its hydrochloride as long-acting capsules which exceed a strength of 30 mg.

Tetanus antitoxin injection.

6. Provision has been made enabling dental practitioners to prescribe from 1 to 3 months' supply of sodium fluoride tablets. The following subclause has been added to clause 25:

"(5) Notwithstanding anything in subclauses (1) to (3) of this clause, where, in the opinion of the prescribing dentist, a patient needs extended treatment therewith for a period of 1 month or more, a supply of sodium fluoride tablets not exceeding a quantity sufficient to provide that patient with treatment for a specified period of from 1 to 3 months may be made on any one prescription; and, if the dentist has endorsed the prescription with the words 'extended supply' and has specified on it the period for which that pharmaceutical requirement is to be supplied, payment shall be made in respect of a claim made accordingly:

"Provided that in any case where a patient is receiving an extended supply of sodium fluoride tablets, they shall be dispensed in monthly lots, unless—

(a) The prescribing dentist endorses the prescription with a statement of the period for which each lot is to be dispensed; or

(b) The contractor or the patient endorses the back of the prescription with a statement of the special reasons why a quantity greater or less than a monthly lot is required to be dispensed."

HYDROCORTISONE BUTYRATE

The dangers associated with indiscriminate use of topical corticosteroids were discussed in Therapeutic Notes No. 142. The comparative safety of hydrocortisone was stressed; an additional product of this class is now available under the Drug Tariff.

LONG-ACTING ASPIRIN

Aspirin in adequate dosage remains the drug of first choice in treating rheumatoid arthritis and other chronic rheumatic diseases. Long-acting aspirin is a useful addition to the range of aspirin formulations available. It is not, however, considered suitable for the relief of acute episodic pain. Self-medication is not to be encouraged since with its delayed action there is a danger of unduly high blood levels from repeated dosage, especially in children.

HIGHER GMS BENEFIT FOR CHRONICALLY ILL PATIENTS

The administration of this benefit is to be transferred to district health offices on 1 December 1975. Applications from this date should be forwarded to the medical officer of health to whom you normally forward GMS and other health benefit claims.

An assurance is given that every application will be assessed by a departmental medical officer. If practitioners so desire, applications may be marked "confidential".

Clinical Services Letter No. 145 included a specimen application form for use by doctors, while Clinical Services Letter No. 148 indicated further information needed. In addition, if the application is made by a specialist, the name of the patient's general practitioner should be included so that the latter can be informed of any approval granted.

MATERNITY BENEFITS: PATIENT'S CERTIFICATE

The Minister of Health has agreed that the patient's signature on the maternity benefits claim form H.554 is no longer required. Section 7 of this form will therefore be deleted at the next reprinting. In the meantime medical practitioners are no longer required to obtain patients' signatures on the present form. Medical officers of health have been advised of this decision.

GENERAL MEDICAL SERVICES—RATES FOR KILOMETRES

As a result of the extension of metrication to distance, as from 4 August 1975, it is now necessary to provide rates on a kilometre basis for travelling in relation to general medical services and maternity benefits.

It has been agreed that the following rates should apply:

| | | |
|--------------------------|---------|---------------------|
| General medical services | | 7.8c per kilometre |
| Maternity benefits | | 22.4c per kilometre |

Arrangements will be made to include these rates on cover sheets of the respective claim forms at the next reprint.

Yours faithfully,

D. A. Andrews

(D. A. Andrews)
Director,

A. G. Scott

(A. G. Scott)
Deputy Director,

Division of Clinical Services.

**DRUGS AVAILABLE UNDER THE DRUG TARIFF FROM
HOSPITAL PHARMACIES WITHOUT FURTHER RESTRICTION
AS AT 1 DECEMBER 1975**

| Official Name | Trade Names |
|---|----------------------------------|
| Amphetamine sulphate | |
| Attapulgit with neomycin sulphate .. | Atasorb-N |
| Beclamide | Nydrane |
| Carbenicillin, sodium salt, injection .. | Pyopen |
| Cephalexin monohydrate | Ceporex, Keflex |
| Cephaloridine | Ceporan |
| Cephalothin sodium | Keflin |
| Cephradine | Velosef |
| Clofazimine | Lamprene |
| Corticotrophin | Acthar |
| Corticotrophin zinc | Cortrophin ZN |
| Corticotrophin gelatin | Acthar Gel, Cortico-Gel |
| Desferrioxamine B mesylate | Desferal |
| Dexamphetamine sulphate | Dexedrine |
| Dexamphetamine sulphate long-acting capsules | Dexedrine Spansules |
| Framycetin sulphate injection and tablets .. | Soframycin |
| Framycetin sulphate with kaolin | Enterfram |
| Gentamicin sulphate injection | Cidomycin, Garamycin |
| Gentamicin sulphate eye drops | Garamycin |
| Kanamycin sulphate | Kanasig, Kantrex |
| Kaolin with neomycin sulphate and pectin | Kaomycin |
| Ketoprofen capsules | Orudis |
| Lactulose | Duphalac |
| Mefenamic acid capsules | Ponstan |
| Methaqualone hydrochloride | Melsedin |
| Methaqualone with diphenhydramine hydrochloride | Mandrax |
| Methicillin sodium | Celbenin |
| Methylamphetamine hydrochloride | |
| Methylphenidate hydrochloride | Ritalin |
| Neomycin for oral use | Mycifradin, Neomin |
| Penicillamine hydrochloride | Penicillamine |
| Pentazocine injection and tablets | Fortral |
| Quinidine bisulphate long-acting capsules and tablets | Kinidin Durules, Quiditard |
| Tetracosactrin | Synacthen |
| Tetracosactrin long-acting | Cortrosyn Depot, Synacthen Depot |
| Thiambutosine | Ciba 1906 |
| Vancomycin hydrochloride | Vancocin |

**DRUGS AVAILABLE UNDER THE DRUG TARIFF FROM
HOSPITAL PHARMACIES ON THE RECOMMENDATION OF A
SPECIALIST AS AT 1 DECEMBER 1975**

| Official Name | | | | Trade Names |
|---|----|----|----|---|
| Aminocaproic acid | .. | .. | .. | Amicar |
| Amphotericin vials | .. | .. | .. | Fungizone for Infusion |
| Aprotinin | .. | .. | .. | Trasylol |
| Baclofen | .. | .. | .. | Lioresal |
| Betamethasone disodium phosphate tablets | | | | Betnesol, Celestone |
| Calcitonin injection | .. | .. | .. | Calcitare |
| Carbenoxolone sodium | .. | .. | .. | Biogastrone |
| Carbidopa with levodopa | .. | .. | .. | Sinemet |
| Chloramphenicol | .. | .. | .. | Chlomin, Chloramex, Chloro- mycetin |
| Chloramphenicol palmitate | .. | .. | .. | Chloramex, Chloromycetin |
| Chloramphenicol sodium succinate injection | | | | Chloromycetin Succinate in- jection |
| Chymotrypsin injection | .. | .. | .. | Chymar, Chymo-Trypure Novo, Chymotase, Zonulysin, Zolyse |
| Clindamycin hydrochloride | .. | .. | .. | Dalacin-C |
| Colistin and its salts and esters | .. | .. | .. | Colymycin |
| Dexamethasone and its salts and esters not included elsewhere in the Drug Tariff | .. | .. | .. | Decadron, Dexacortisyl |
| Dipyridamole | .. | .. | .. | Persantin |
| Dydrogesterone | .. | .. | .. | Duphaston |
| Folinic acid | .. | .. | .. | Leucovorin |
| Frusemide infusion 250 mg and tablets exceeding 40 mg strength | .. | .. | .. | Lasix |
| Fusidic acid and its salts and esters (except gel and ointment) | .. | .. | .. | Fucidin |
| Hydrocortisone and its acetate not included elsewhere in the Drug Tariff | .. | .. | .. | |
| Levodopa | .. | .. | .. | Laradopa, Eldopar |
| Methandriol | .. | .. | .. | |
| Methotrexate | .. | .. | .. | Amethopterin |
| Methylprednisolone and its salts and esters | | | | Medrol, Solu-Medrol |
| Methysergide dimaleate | .. | .. | .. | Deseril |

| Official Name | Trade Names |
|--|--|
| Metyrapone | Metopirone |
| Mitomycins | |
| Pancreatin proprietary preparations as approved by the Director-General .. | Combizym, Cotazym, Cotazym B, Combizym Compositum, Viokase |
| Pentagastrin injection | Peptavlon |
| Pimozide | Orap |
| Potassium para-aminobenzoate | Potaba |
| Prazosin hydrochloride | Minipress |
| Prednisolone and its salts and esters not included elsewhere in the Drug Tariff .. | |
| Prednisolone pivalate | |
| Sodium polystyrene sulphonate | Resonium-A |
| Spectinomycin | Trobicin |
| Tamoxifen citrate | Nolvadex |
| Thioguanine | Lanvis |
| Thiopropazine mesylate | Majeptil |
| Thiothixene oral concentrate and tablets 30 mg | Navane |
| Triamcinolone and its salts and esters not included elsewhere in the Drug Tariff .. | Kenacort |
| Trifluoperidol hydrochloride | Triperidol |
| Verapamil injection | Isoptin |

**DRUGS AVAILABLE UNDER THE DRUG TARIFF FROM RETAIL
PHARMACIES ON THE RECOMMENDATION OF A SPECIALIST
AS AT 1 DECEMBER 1975**

| Official Name | Trade Names |
|--|--|
| Adrenaline acid tartrate eye drops .. | Lyophrin |
| Adrenaline eye drops, neutral, B.P.C. .. | Eppy |
| Amantadine hydrochloride | Symmetrel |
| Aminosalicylic acid, its salts and derivatives | |
| Amyl dimethylaminobenzoate | Phiasol AS |
| Azathioprine | Imuran |
| Beclomethasone dipropionate cream exceed- ing 0.025 percent strength | Propaderm Forte |
| Busulphan | Myleran |
| Capreomycin injection | Caprocin |
| Carbachol eye drops | Isopto Carbachol |
| Chlorambucil | Leukeran |
| Chlorotrianisene | TACE |
| Cholestyramine resin | Cuemid, Questran |
| Clofibrate | Atromid-S |
| Clomiphene citrate | Clomid |
| Cyclophosphamide | Endoxan-Asta |
| Cycloserine | D-Cycloserine |
| Cytarabine | Cytosar |
| Demecarium bromide | Tosmilin |
| Dexamethasone as proprietary eye drops .. | Maxidex |
| Dexamethasone with neomycin sulphate and polymyxin B sulphate as proprietary eye drops | Maxitrol |
| Drostanolone propionate | Masteril |
| Ecothiopate iodide | Phospholine Iodide |
| Ethambutol | Myambutol |
| Ethionamide | Trescatyl |
| Ethionamide with isoniazid | Trescazide |
| Ethylestrenol | Orabolin |
| Eye preparations containing a cortico- steroid | Chlorocort, Hycor, Neo-Cortef, Neo-Hycor, Blephamide, Codolsol-N, Pred Mild, Pred Forte, Sofradex |

| Official Name | Trade Names |
|---|-------------------------------|
| Fluocinolone acetonide cream exceeding 0.025 percent strength | Synalar Forte |
| Fluorometholone | FML |
| Fluorometholone with neomycin sulphate | FML-Neo |
| Fluorouracil topical preparations .. | Fluoroplex, Efudix |
| Fluorouracil injection | Fluorouracil |
| Fluoxymesterone | Androl, Halotestin, Ultandren |
| Fluphenazine decanoate | Modecate |
| Fluphenazine enanthate | Anatensol |
| Idoxuridine eye drops | Herplex, Stoxil |
| Isoamyl dimethylaminobenzoate lotion .. | Spectraban |
| Isoniazid | |
| Isoniazid and aminosalicyclic acid and its salts | |
| Isoniazid with rifampicin | Rifinah, Rimactazid |
| Laevo-adrenaline hydrochloride .. | Epifrin, Glaucon |
| Lithium carbonate | Camcolit, Lithicarb |
| Medroxyprogesterone acetate tablets exceeding 5 mg strength | Provera tablets 100 mg |
| Medrysone | H.M.S. |
| Melphalan | Alkeran |
| Mercaptopurine | Puri-Nethol |
| Mestanolone | |
| Mesterolone | Proviron |
| Methandienone | Dianabol |
| Mexenone | Uvistat |
| Mustine, its salts and derivatives .. | |
| Mustine-N-oxide hydrochloride .. | Nitromin |
| Nandrolone decanoate injection .. | Deca-Durabolin |
| Nandrolone phenylpropionate injection .. | Durabolin |
| Oxymetholone | Adroyd, Anapolon |
| Petrolatum red with titanium coated mica ointment | R.V. Plus |
| Polyestradiol phosphate | Estradurin |
| Procarbazine hydrochloride | Natulan |
| Prothionamide | Trevintix |

| Official Name | Trade Names |
|---|------------------------|
| Pyrazinamide | |
| Rifampicin for the treatment of tuberculosis | Rifadin, Rimactane |
| Sodium aminosalicylate and isoniazid cachets, B.N.F. | |
| Sodium aminosalicylate and isoniazid granules, B.N.F. | |
| Sodium chloride, potassium chloride, calcium chloride, and magnesium chloride eye drops | Balanced Salt Solution |
| Sodium fluoride tablets exceeding 2.2 mg | Hi-Fluor |
| Spironolactone tablets exceeding 25 mg strength | Aldactone |
| Stanolone | Anabolex |
| Stilboestrol diphosphate | Honvan |
| Thiocarlide | Isoxyl |
| Thiotepa | |
| Vinblastine sulphate | Velbe |
| Vincristine sulphate | Oncovin |
| Viomycin and its salts | |
| Zinc oxide with 2-ethoxyethyl-p-methoxycinnamate ointment | R.V. Paque |

LIST OF ITEMS THAT HAVE BEEN APPROVED BY THE DIRECTOR-GENERAL
OF HEALTH FOR PAYMENT UNDER THE DRUG TARIFF

- Vitamin B complex injection. } Only on a bulk supply order of a private hospital.
Becosym. }
- Alkaline compound tablets (milk-dextrin type).
Gastrobrom.
- Allergy treatment sets.
Sets prepared by Smith-Biolab Ltd.,
Dr. B. H. R. Hill, Dr. L. H. V. Longmore and Dr. R. B. Duncan.
- Aspirin, soluble, with codeine phosphate tablets (Codis).
- Bismuth subgallate suppos., compound.
Anusol.
- Bismuth subgallate suppos., compound, with hydrocortisone.
Anusol H.C.
- Dimethicone creams.
Silicoderm F, Siopel (all part charge) K.P. 555.
- Electrolyte powder for solution for oral use.
Lytren.
- Glucose-oxidase diagnostic strips and sticks.
Clinistix, Diastix, Tes-Tape.
- Iron carbohydrate complex, intramuscular injection.
Imferon, Jectofer.
- Liquorice extract dry, deglycyrrhizinised co. tablets.
Caved-S.
- Magnesium trisilicate with aluminium hydroxide, gel, dried tablets.
Gelusil.
- Mucilaginous laxatives, dry.
Granocol, Isogel, Normacol Special and Standard, Siblin.
- Pancreatin proprietary preparations (Hospital Board—specialist).
Combizym, Combizym Compositum, Cotazym, Cotazym B, Viokase.
- Sulphonamides, dual and triple, mixtures and tablets.
Novotriad.
- Tar, compound, bath emulsions
Balnetar, Ego Pinetarsol, Polytar Emollient.
- Betamethasone—in the form of proprietary eye, ear or throat preparations.
Betnesol eye drops, ear drops, nasal drops, eye ointment, nasal spray.
Betnesol-N eye drops, ear drops, eye ointment.
- Hydrocortisone—in the form of proprietary eye, ear, nasal or throat preparations.
- | | | |
|--------------------------|--------------|---|
| Chlorocort ophthalmic | *Neo-Cortef | } Eye preparations only on the re- commendation of a specialist. |
| *Chlorocort eye ointment | Neo-Hycor | |
| *Hycor | *Terracortil | |
| | | |
- *Part Charge
- Prednisolone—in the form of proprietary eye, ear, or throat preparations.
Blephamide
Pred Mild
Pred Forte

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